

HORAIRES COURS FITNESS

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					Body Circuit 9H30	Body Band 9H30
				Barre Booty+ Core 10H00	Boxing 10H30	
	BarreHIIT 12H15	Power Barre 12H15			BarreHIIT 12H00	
BarreHIIT 18H15	Barre Booty+ Core 18H15	Body Circuit 18H30	Power Barre 18H00			
Boxing 19H30	Power Yoga 19H30	Power Yoga 19H30	Barre Booty+ Core 19H00			